

AdventHealth Ocala PRESTIGE 55



Oct
08

HERBAL CAUTION AND OOPS! PREVENTION

Garden Variety Remedies: Have you ever been told to “Take this. It won’t hurt you because it’s natural!” When you are taking prescribed medications you must be extra cautious when also taking any herbal or so-called “natural” supplements. Learn how some herbal and natural supplements can negatively interact with your prescribed medications.

“Oops!” Prevention: Falls are the leading cause of accidental death for Floridians age 55 and older. Data released in 2017 by the Centers for Disease Control and Prevention shows nearly 3,000 adults over the age of 55 died from falling in Florida that year. Half of those deaths occurred in adults over the age of 85. Come out and learn which medications may increase your risk of falling.



October 8, 2019
5 pm - 6:30 pm
Circle Square Cultural Center
8395 SW 80th St
Ocala, FL 34480



Carlette Norwood-Williams, PharmD
Director, Pharmacy
AdventHealth Ocala

Jennifer Toro Galarza, MD
Internal Medicine
AdventHealth Medical Group

**Register by calling 352-671-2153 or
online at www.Prestige55.org.**

Oct
10

AGING TRENDS: TOP 5 DISEASES AFFECTING SENIORS

Join Dr. Lossada as she leads a discussion on the top 5 diseases and conditions that are common to seniors.



October 10, 2019
5 pm - 6:30 pm
AdventHealth Auxiliary Conference Center
1542 SW 1st Ave
Ocala, FL 34471



Mery Lossada, MD
Medical Director, Hospice of Marion County

Oct
11

NAVIGATING BREAST CARE IN OCALA

Navigating your options for breast care can be difficult. You are invited to join us for lunch and engage with our panel of experts who will answer your questions about everything from screening and diagnosis to treatment and recovery.



October 11, 2019
11:30 a.m. - 1 p.m.
AdventHealth Auxiliary Conference Center
1542 SW 1st Ave
Ocala, FL 34471



Anthony Delorio, MD
Breast Surgeon
AdventHealth Medical Group

Amanda Aulls, MD
Radiology Associates of Ocala

Imee Unto
Chief Nursing Officer
AdventHealth Ocala

Oct
15

KNOW YOUR NUMBERS

There was a time when we knew our most important numbers: phone number, driver’s license number, social security number, lock combinations, etc. As we age, the most important numbers for you to know are your health numbers. Dr. Michelle Hornstein will discuss what your numbers say about your health, why you should keep a record of those numbers to share with your healthcare professional and why every senior should seriously consider getting recommended seasonal vaccinations.



October 10, 2019
5 pm - 6:30 pm
AdventHealth Auxiliary Conference Center
1542 SW 1st Ave
Ocala, FL 34471



Michelle Hornstein, DO
Family Medicine
AdventHealth Medical Group

Oct
22

LUNG AND COLON CANCER SCREENINGS: IS IT IMPORTANT?

Did you know that in the United States there will be 228,000 new cases of lung cancer this year? How about another 140,00 new cases of colon cancer, too! With numbers like this it is vitally important that persons at risk undergo early screening. Join Dr. Willis and other representatives of the Cancer Alliance of Marion County for a discussion about why getting screened can be a matter of life and death.



October 22, 2019
5 pm - 6:30 pm
Circle Square Cultural Center
8395 SW 80th St
Ocala, FL 34480



David Willis, MD
Family Medicine



Oct
23

BREAST HEALTH SYMPOSIUM

Meet our informative panel of experts and join in on the discussion of breast health and the latest in technology provided by SCOUT™. When needed, this device can precisely target affected tissue to pinpoint its location, optimizing surgeries, breast conservation strategies, and enhanced outcomes for women.



October 23, 2019
5 pm - 6:30 pm
AdventHealth Auxiliary Conference Center
1542 SW 1st Ave
Ocala, FL 34471



Amanda Burns, MD
Breast Surgeon
AdventHealth Medical Group

Brian Cartwright, MD
Radiology Associates of Ocala

Michele Martin-Carbajal, RN, BSN
Breast Health Navigator
AdventHealth Ocala

Neil Fedorovich
Account Executive
Merit Medical

Oct
29

KNEE ROBOTICS AND ANTERIOR HIP REPLACEMENT (AHR) SURGERY

Anyone suffering from knee or hip pain knows that it can stop you from doing the things that you love, spending time with loved ones or even getting out of a chair or vehicle. Often times, the best option to reduce discomfort and restore quality-of-life is surgery. Join Dr. Denard for an informative presentation on the advancements in surgical procedures to treat both conditions that have proven to reduce the length of stay in the hospital and length of time needed for post discharge recovery and therapy.



October 29, 2019
5 pm - 6:30 pm
AdventHealth Auxiliary Conference Center
1542 SW 1st Ave
Ocala, FL 34471



Antony Denard, MD
Orthopedics
AdventHealth Medical Group

Oct
31

OPEN WOUNDS: TYPES, TREATMENT, RISKS AND COMPLICATIONS

Our skin is the largest organ in the human body. It is vitally important that wounds close quickly and heal properly. Dr. Casebolt will discuss why we get open wounds and some of the best treatment options available today.



October 31, 2019
11:30 a.m. - 12:30 p.m.
AdventHealth Auxiliary Conference Center
1542 SW 1st Ave
Ocala, FL 34471



Mark Casebolt, MD
General Surgery
AdventHealth Medical Group

PRESTIGE 55 ONLINE EVENT REGISTRATION

To register for one of our upcoming events please visit Prestige55.org and follow the steps below.

1. Click on the LOGIN link at the top of the page.
2. LOGIN
 - a. User Name: Full email address
 - b. Password (passwords are case sensitive & there are no spaces in the password).
3. Once logged in, click on the VIEW MY CART link.
4. Next, click the boxes of the events you and/or your spouse want to attend.
5. After making all selections, be sure to click the **REGISTER** button at the bottom of the page.
6. Review the verification page and click **CONFIRM**.
7. A confirmation email will be sent to your email.

For assistance please call 352-402-5252.